



Physical Education

Curriculum Intent Statement

At Maidensbridge Primary School, our aim is to develop the knowledge, skills and capabilities necessary for mental, emotional, social and physical wellbeing in our children now and for their future. Physical fitness is an important part of leading a healthier lifestyle. We want to encourage sport, exercise and physical activity to be a permanent role in their lives as adults so that it benefits them beyond their Maidensbridge experience. We also believe that it links directly to our school values of SCARF with Safety, Caring, Achievement, Resilience, and Friendship all linking closely with our sporting values. It teaches self-discipline and that to be successful you must work hard, show resilience, and have the determination to believe that anything can be achieved.

The PE curriculum is taught through the GetSet4PE scheme, which is in line with the National Curriculum. This is used to aid teaching staff in their subject knowledge. Teachers are able to adjust and change lessons to suit the needs of their classes, but the scheme provides a strong basis of what is expected. The children will participate in weekly, high quality PE and sporting activities. Our PE provision incorporates a variety of sports to ensure all children develop the confidence, tolerance and the appreciation of their own and others' strengths and weaknesses. We provide opportunities for all children throughout the year to engage in extra-curricular activities during and after school, in addition to competitive sporting events. This is an inclusive approach which endeavours to encourage not only physical development but also well-being. We hope that, through all the sporting opportunities and physical activity we offer, the children will potentially develop a love and passion for sport and continue this into their later lives.

We teach the National Curriculum, following a scheme which is supported by a clear skills and knowledge progression. This ensures that skills and knowledge are built on year by year and sequenced appropriately to maximise learning for all children. Children gain experience of a variety of fundamental skills. This has a focus on agility, balance, co-ordination and fitness. Children take part in individual skills, group skills and team games, using PE equipment appropriate for their age. During KS2, children will have a block of structured swimming sessions, which aims to give children the ability to swim at least 25 metres before the end of Year 6 and knowledge of how to remain safe in and around water.

The aim is that our PE curriculum will impact greatly on our children's ability to acquire the knowledge, skills and understanding needed to make appropriate choices about their physical and mental health.

All children will be assessed against the Key Performance indicators for PE and will be monitored through the assessment tool on GetSet4PE, where staff can upload videos and pictures of assessment lessons. We expect to see Teamwork reflected in all of our children.